

STATE OF MICHIGAN



CERTIFICATE OF PROCLAMATION

ON BEHALF OF THE PEOPLE OF MICHIGAN,
I, Gretchen Whitmer, governor of Michigan, do hereby proclaim

June 2024

as

MIGRAINE AND HEADACHE AWARENESS MONTH

WHEREAS, migraine is a neurovascular disease characterized by episodes called attacks; and,

WHEREAS, according to the Migraine Research Foundation, approximately 39 million people in the United States have migraine disease, and migraine is the third most prevalent illness in the world; and,

WHEREAS, migraine is the sixth most disabling disease in the world; and,

WHEREAS, attacks are often accompanied by one or more symptoms, including visual disturbances, nausea, vomiting, dizziness, and tingling or numbness in the extremities or face, and more than 90% of sufferers are unable to work or function normally during their migraine; and,

WHEREAS, 12 to 23 percent of veterans returning home from Iraq and Afghanistan suffer from persistent and difficult-to-treat headaches that have been found to co-occur with traumatic brain injury (TBI) and other deployment-related comorbidities; and,

WHEREAS, the effects of migraine, headache, and cluster attacks are experienced on a spectrum, presenting significantly different levels of intensity, frequency, and disability; and,

WHEREAS, migraine disease impacts all systems of the body with symptoms including intense pain, nausea, sensitivity to light, sound, smell, and touch, visual disturbances, tinnitus, chills, fatigue, anomic aphasia (trouble finding words), impaired cognitive function, numbness, and weakness, lasting for four to 72 hours on average; and,

WHEREAS, more research on migraine and headache diseases is needed to advance treatment options, support research funding, and improve public education; and,

WHEREAS, those living with one or more headache diseases and/or comorbid medical conditions deserve fair, equal, affordable access to new and innovative treatments; and,

WHEREAS, Migraine and Headache Awareness Month is observed to promote public awareness of migraine and headaches and to support more research and ultimately find a cure;

NOW, THEREFORE, I, Gretchen Whitmer, governor of Michigan, do hereby proclaim June 2024 as Migraine and Headache Awareness Month in Michigan.



Gretchen Whitmer

Gretchen Whitmer

Governor

